


# directtherapy.org *A new option for patients*

*The Community Health Center now offers counseling online for substance abuse and mental health services via a new website: [www.directtherapy.org](http://www.directtherapy.org).*



*Research has shown that patients who are established in a treatment program, and use video therapy as a part of their counseling experience, are very satisfied and find the service to be a convenient and private way to participate in therapy.* 

## Why Video Therapy?

Online video therapy helps eliminate barriers that many patients face when trying to work a recovery program into everyday life.

Video therapy is right for patients that:

- Lack transportation
- Have an illness or handicap
- Do not have adequate child care options
- Have employment obligations that make it difficult to attend regular appointments

By connecting with your therapist online you are able to remain in an environment you feel comfortable in.

It maintains your anonymity while you discuss the sensitive and personal topics that often arise when dealing with mental illness and/or addiction.

## Enhance your patient experience today!

Community Health Center has been offering quality recovery solutions to citizens in our community since 1974.

We believe addiction and mental illness are treatable diseases; therefore we offer a multitude of health care options specifically designed for patients with addictive and behavioral disorders. Our holistic care has helped over 50,000 individuals and families in recovery.

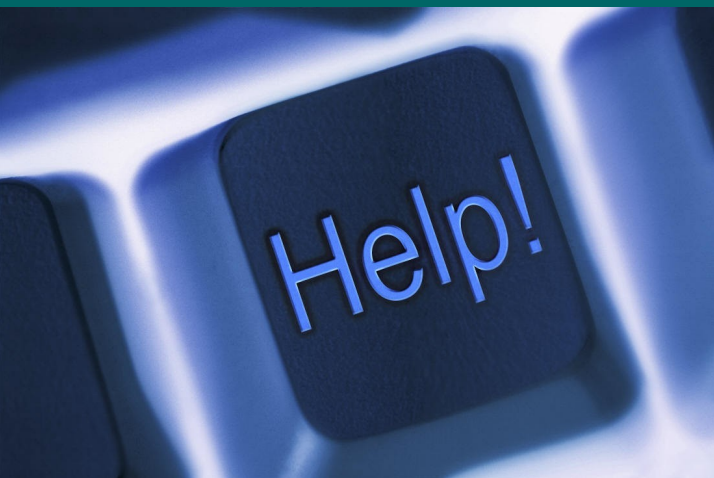
Make an appointment to speak with a therapist to see if video therapy is right for you. This tool, along with other healthcare services offered at CHC, can help you on your road to recovery.



## Connecting to Video Therapy at CHC

Community Health Center may provide computers to patients who use video therapy and do not have access to a personal computer.

We can also help you arrange for internet access, training, and installation of the software needed to participate in the Video Therapy Program.



Restrictions apply and are only available to those patients in compliance with their treatment plan and in good financial standing with CHC.



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[www.commhealthcenter.org](http://www.commhealthcenter.org)  
[www.directtherapy.org](http://www.directtherapy.org)

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The Community Health Center facilities and services are certified by the Joint Commission on Accreditation of Healthcare Organizations.



The Community Health Center is an equal opportunity employer and provider of services.

## Video Therapy Program at Community Health Center

*A new level of care  
for patients in  
treatment*