**WOMEN’S RECOVERY** Our Women’s Recovery Program provides a safe, gender-specific and trauma sensitive environment for women with addictions to begin the recovery process. Outpatient counseling, intensive outpatient treatment and support groups are available to help women address their unique treatment issues.

Case managers help women work to overcome barriers to treatment such as meeting basic needs, lack of transportation and child care. They also link and assist women in obtaining education, employment, safe/sober housing, medical and psychiatric services and other community services. Specialized outreach services for pregnant women and women with young children are available.

**MENTAL HEALTH SERVICES** This program for adults provides assessment, diagnosis and treatment for those individuals struggling with a mental illness such as depression, anxiety, post partum depression and other trauma. Psychiatric treatment is available on an individual and group basis.

**RESIDENTIAL TREATMENT** At RAMAR (the Rocco Antenucci Memorial Adult Residential Center) patients receive support during every stage of recovery in an inpatient environment. They are provided with group and individual counseling and encouraged to develop self-management and recovery skills. Length of stay is typically 90 days, but treatment may last longer as needed. Patients typically graduate into less restrictive programming (e.g., partial residential treatment or outpatient counseling in other programs). Transitional housing is also available to those with a documented period of stability.

**DIRECT THERAPY** CHC’s Direct Therapy program is a new way to receive substance abuse and mental health services at the agency via video conferencing technology. Direct Therapy helps eliminate barriers that many patients face when trying to work a recovery program into everyday life. This program is appropriate for patients who lack transportation, have an illness or handicap, or employment obligations that make it hard to make a daily appointment. Direct Therapy also lessens the stigma associated with treatment by allowing the patient to be seen in their most comfortable setting – home. Call 330.434.4141 or visit www.directtherapy.org for more information.

**COMMUNITY CLUBHOUSE FOR BRAIN INJURY** The Community Clubhouse is a program designed to address the many physical and social issues that people with Brain Injuries deal with on a daily basis. Our staff works to help each individual set attainable goals for the future through structured groups to enhance social skills and the ability to live independently. We also offer onsite services for mental health and substance abuse, physical therapy, occupational therapy, vocational programming, work readiness, BI support groups, social outings and much more. Call 330-724-4000 for more information.

**STEP 1  Assessing the Need**

We recognize that there is no single treatment modality that is appropriate for all patients. Our assessment process helps us design treatment plans that address issues of concern while affirming patients’ strengths.

**DIAGNOSTIC DEPARTMENT** The goal of the Diagnostic/Admissions Department is to identify patients with chemical abuse/dependency and mental illness issues that may be exhibited through criminal involvement, behavioral maladjustment, family turmoil, educational dysfunction, vocational or financial instability or emotional, mental, or physical impairment.

The Diagnostic/Admissions Department assists concerned counselors, social workers, case managers, criminal justice professionals, employers, educators, attorneys and healthcare professionals who suspect that an individual has a substance abuse problem.

We provide comprehensive chemical dependency assessments for adults and adolescents through the use of a wide variety of substance abuse screening inventories and urinalysis. Each patient is thoroughly evaluated and a formal report, including individualized treatment alternatives and opportunities, is generated. The patient is supported in the treatment decision through facilitation of treatment recommendations and referrals to appropriate treatment programming.

We accept most insurance plans, including Medicare, Medicaid and all managed healthcare plans.

**Our Mission**

Offering recovery solutions for over 38 years

www.commhealthcenter.org

725 E. Market Street
Akon, Ohio 44405
330.434.4141  FAX 330.315.5230

To learn more about our programs or to schedule an appointment please call our Diagnostic Department.

We accept most insurance plans, including Medicare, Medicaid and all managed healthcare plans.
Community Health Center is Summit County’s premier provider of comprehensive treatment for the rehabilitation and prevention of addictive and compulsive disorders.

Our Mission Statement
Community Health Center is committed to enhancing the quality of life. We are a leader in providing effective services for addictive and compulsive disorders, mental health care, life skills development, prevention, housing, wellness and rehabilitation.

Statement of Purpose
Community Health Center is a private, not-for-profit, 501(c)(3) corporation. Our purpose is to provide a comprehensive array of treatment, prevention and housing services for addictive and compulsive behaviors and disorders. We have been serving Northeast Ohio since 1974.

We believe...
- Chemical dependency is a progressive, fatal disease that is not a choice. We have a responsibility to provide basic treatment services to all those in need, regardless of their ability to pay.
- Several treatment strategies may be necessary for recovery. We offer intensive outpatient counseling, primary health care, medical detoxification, residential treatment and educational seminars.
- Total well-being is a key factor to successful recovery. Therefore, we provide quality medical treatment, vocational assistance, housing, case management and child care services.

STEP 2
Personalized Treatment Programs
Using the treatment plan designed at time of intake, we assist our patients through the recovery process from counseling, medical treatment to housing. The treatment plan becomes the blueprint to our patients’ future success in our programs.

MEDICATION-ASSISTED TREATMENT FOR OPIATE ADDICTION
Treatment for opiate addiction is one of the most challenging aspects of treatment. Methadone has been identified as the single most effective treatment for opiate addicts, and is a daily routine for many patients at the CHC.

A secondary treatment, Suboxone, is also available for those patients in an office-based setting or through our traditional opiate treatment program. Patients participating in this program are subject to random urine drug screens and appointments with their counselors to monitor compliance with their treatment plan.

INTENSIVE OUTPATIENT PROGRAM
The intensive outpatient program (IOP) provides a therapeutic multi-disciplinary program designed to promote the recovery process through group and individual counseling, case management, vocational development, community support groups and reintegration programming. The program consists of three levels and takes approximately five months to complete. Patients learn how to more fully integrate recovery into their day-to-day lifestyle.

ADULT COUNSELING
Patients in this program typically participate in weekly individual counseling and are referred to a wide array of chemical dependency and specialty groups. These groups provide education, peer support and accountability during the recovery process.

ADOLESCENT COUNSELING
Our Adolescent Treatment Program is designed to address the developmental needs of teenage patients, keeping in mind the different trends in substance abuse among this age group. The program offers Intensive Outpatient Treatment (IOP), individualized counseling, gender-specific groups and many more treatment options. The program focuses on long-term abstinence from substances while also addressing other mental health and/or family issues.

Adolescents are seen in our Family Practice location to reduce the stigma associated with “drug treatment” and offers evening hours suitable for students. Call 330-315-1789 for more information.

STEP 3
Wrap-Around Services
“Wrap-around service” is our term for the supplementary programs we offer to aid in the recovery process. These services address the external needs of our patients beyond the traditional therapy prescribed.

FAMILY PRACTICE
The CHC Family Practice provides comprehensive medical services to individuals and families in all phases of life. Services include well child care, immunizations, physicals and other general health care. Patients of the Family Practice do not need to be in treatment at the CHC to receive services. We welcome new patients and accept most major insurance plans, along with Medicare and Medicaid.

INSIGHTS PROGRAM
Specially designed for those individuals who may not require a full medical and psychological intake into our comprehensive substance abuse program or are unsure about their readiness for treatment. Group sessions focus on substance education, risk factors, consequences of use, refusal skills, stages of change and healthy lifestyles.

HOUSING PROGRAMS
While in recovery, individuals need a great amount of support in a safe and sober environment to continue their healing. Recognizing these post treatment needs has led CHC to develop a comprehensive plan to provide housing for individuals in recovery. Each of our housing programs have different qualifications and requirements. We offer three-quarter way, transitional and permanent housing; offering lengths of stay from six months to permanent residency. Our staff assists patients in finding the appropriate housing for their specific needs.

Housing is available for our patients once they have at least six months documented sobriety. Individuals are also required to participate in aftercare such as case management, continued counseling and random drug testing. Rent at our properties is based on 30% of the resident’s gross income.

TOUCHSTONE
A supportive housing program for women while in treatment. This program offers 16 units of independent housing for single women, women with disabilities or those pregnant and/or with children. Residents must be receiving treatment for substance abuse.

On-site groups, child care, laundry and dining services are available.

CASE MANAGEMENT
All patients entering our programs have an opportunity to utilize case management services. Our case managers help patients navigate other services available to them at CHC and around the community.

HELP ME GROW
Help Me Grow is a free home visitation program, funded by Summit County Family and Children First Council, which supports families with children from birth to age three. The goal of Help Me Grow is simply to strengthen the child’s development and give him or her the best chance possible to achieve success. A trained service coordinator is provided to help families access the community network of services and assistance they need. Help Me Grow also provides the resources and support to develop the skills, time and energy required for positive parenting.

KIDSPACE
KidSpace is a state-licensed child care facility and is available to the public and to our patients participating in treatment. KidSpace enables mothers to receive treatment who otherwise would not be able to participate due to family obligations. This program eliminates one major barrier that prevents women from receiving treatment.

COMMSTAFF
Patients are encouraged to seek gainful employment while in treatment. CommStaff Employment Services are available to assist patients once they are well into recovery. Our experienced staff, combined with our comprehensive pre-employment screening, provides outstanding results in finding appropriate employment for patients in the community. CommStaff offers short-term, long-term and permanent placements for light industrial, clerical, administrative, medical and a variety of entry-level positions.

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