



The Women's Recovery Program is committed to making a real difference in the lives of those women who take advantage of this program. For more information on the Women's Recovery Program, meeting schedules or to arrange an appointment, please call **330-434-4141**, or check out our website at **www.CommHealthCenter.org**

The Community Health Center accepts most insurance plans including:

- Akron City Health System
- Akron General
- Anthem Blue Cross & Blue Shield
- Blue Cross, Blue Shield
- Buckeye Network
- Bureau of Worker's Compensation
- Chandler Group-Creative Health Plans
- Chandler Group-DirectCare America
- Chandler Group-Primary Health Services
- Cigna
- Emerald Health
- Flora Health Network
- HMO Medicaid
- Medicaid
- Medicare
- Medical Mutual
- MultiPlan, Inc.
- Napoli & Associates
- Open Access ProAmerica
- Private Healthcare Systems
- Renaissance Health Plan
- Summa
- SummaCare Health Plan
- United Health Plan



Focusing On Your Future

725 E. Market Street
Akron, Ohio 44305

For more information about our Women's Recovery Program call **330-434-4141** or visit our website **www.CommHealthCenter.org**

Community Health Center is an equal opportunity employer and provider of services.



The Community Health Center facilities and services are certified by the Joint Commission on Accreditation of Healthcare Organizations



The Community Health Center is a contract agency of the County of Summit Alcohol, Drug Addiction and Mental Health Services Board



Focusing On Your Future

WOMEN'S RECOVERY PROGRAM





WOMEN'S RECOVERY PROGRAM

Many women today need help in dealing with substance abuse.

It has been estimated that over 2.5 million women in our country abuse drugs; and some 6 million women

are known to abuse alcohol, yet only a few receive the treatment they need. The responsibility of childcare, lack of transportation and simply not being aware of available aid are three reasons cited for the fact that many women are not able to successfully confront the drug/alcohol abuse/addiction problem.

To help women deal with these issues, the Community Health Center has developed a unique response known as a gender-specific **WOMEN'S RECOVERY PROGRAM**. This program is designed specifically to eliminate barriers that inhibit intervention and prevent treatment, while at the same time, provide a lifeline between women and the many community services available to them. The Women's Recovery Program addresses the following concerns:

- **Childcare Responsibilities**
- **Transportation**
- **Treatment Awareness**
- **Stigma**
- **Trauma**

The Program also offers the following:

- **First Step Support Group**
- **Second Step Support Group**
- **Co-Dependency Support Group**
- **Parent Resource Center**
- **Vocational Service**
- **Skills Training and Personal Empowerment**

CHILDCARE RESPONSIBILITIES

Women are able to bring their children with them because the Community Health Center provides a childcare center on site for kids, while their moms are in treatment. The kids often have such a good time with our childcare staff that they encourage their moms to continue treatment. If the mothers choose not to bring their children, the Community Health Center will assist in locating quality affordable childcare.



TRANSPORTATION

The Community Health Center provides bus passes for those in need of transportation. If other alternatives are unavailable, we will provide transit either with our case managers or with a taxi company.

TREATMENT AWARENESS

Efforts are made in community outreach and education to create an awareness of the total wrap-around treatment modality offered in the Women's Recovery Program. In addition to drug and alcohol counseling, the following areas of help are offered:

- **Chemical Dependency Assessments**
- **Diagnostic Evaluations**
- **Job Development**
- **Child Care Planning**
- **Women's Support Groups**
- **Counseling for Those Concerned About Physical, Emotional and/or Sexual Abuse**
- **Life Skills for Women**
- **Parent's Support and Educational Groups**
- **Children's Support Groups**
- **Primary Healthcare**

Mothers and children can also utilize our Family Practice for their primary healthcare needs.

The Family Practice can provide:

- **Well Woman and Well Child Exams**
- **Immunizations**
- **Adult and Child Care**
- **Tattoo and Birthmark Removal**

FIRST STEP SUPPORT GROUP

This group meets at the Community Health Center and provides support for recovery from drugs and/or alcohol abuse, while examining significant women's issues.

SECOND STEP SUPPORT GROUP

This is held at the Community Health Center and provides support for women who have made a commitment to a lifestyle free of drugs and alcohol.

EMPOWERING WOMEN IN RELATIONSHIPS SUPPORT GROUP

This is held at the Community Health Center and provides support for women who wish to explore and develop more positive relationships. Individual values as well as self-esteem development are presented as a means to develop skills for more meaningful relationships.

PARENT RESOURCE CENTER

The Community Health Center has a wide variety of magazines, videos, and books on parenting issues and chemical dependency from a variety of reputable sources. They are provided free of charge.



VOCATIONAL SERVICES

All patients in the Women's Recovery Program are referred to CommStaff for vocational services.

CommStaff can provide job skills training, resume writing tips, job placement and much more.