

## HOW TO PARTICIPATE IN PANDA CAMP

Students must currently be in sixth, seventh or eighth grade. Registration and tuition fee are required for each student. Contact your child's school PANDA Advisor, or the PANDA Coordinator if the school doesn't have an advisor, for camp dates and registration information.

Project PANDA offers a limited number of scholarships for those in need of financial assistance. Please contact the PANDA Coordinator for more information.

NAME \_\_\_\_\_

SCHOOL \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

- Panda Camp — \$100
- Mini-Panda — \$20

I would like more information about:

\_\_\_\_\_

\_\_\_\_\_

Email your registration information to [chcpanda@aol.com](mailto:chcpanda@aol.com) or send to:  
Project PANDA  
725 East Market St.  
Akron, Ohio 44305

Project PANDA offers valuable volunteer opportunities for college students, educators, and other community members.

For more information about our volunteer opportunities call the Prevention Coordinator at 330.434.4141.



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REV 12/09 1000

# Community Health Center

*Focusing On Your Future*

## PROJECT panda



a program of the  
Community Health Center

# Project PANDA

## Prevent And Neutralize Drug/Alcohol Abuse

**THE GOAL OF PROJECT PANDA** is to aid students in making the choice to abstain from alcohol, tobacco, and other drugs (ATOD). The program is also geared toward educating the student about the dangers of ATOD abuse. The goal is realized through a structured curriculum base which consists of positive peer pressure, decision making, and building self-esteem.

### PANDA CAMPS and MINI-PANDAS

Central to the program is the Friday through Sunday educational camp experience. PANDA Camps are held two times during the school year at various locations in Ohio. Additionally, twice a year students can participate in one-day events called “mini-Pandas.” Once there, students participate in workshops, team building activities, presentations, and smaller group situations known as “family groups.”

These events and activities are designed to promote personal development, refusal skills, and age appropriate ATOD information. Participants are also encouraged to take part in a variety of activities that demonstrate how to have fun without the use of alcohol, tobacco, and other drugs.

### AFTER CAMP

After camp the students are responsible for taking some of the PANDA experience back to their schools, with the help of the PANDA Advisor from their school and the PANDA Coordinator. Students are encouraged to take an active role in spreading the drug-free message to their peers. They can accomplish this by attending in-school PANDA groups or clubs. PANDA club participants reinforce the principles of the program through positive peer pressure and healthy lifestyle choices.



*An educational experience focusing on positive peer pressure, decision making, and building self-esteem in sixth, seventh, and eighth grade students.*



### FOR YOUR SCHOOL

PANDA Clubs can be started by any adult facilitator in your school. The Summit County PANDA Coordinator is also available to meet with school staff, organize clubs and/or run meetings. PANDA clubs are generally held anywhere between once a week to once per month. PANDA materials and group suggestions are available for your school from the PANDA Coordinator.

Beyond the three-day camp, mini-Pandas and club meetings, schools and communities can schedule prevention presentations with CHC's prevention coordinator. Presentation topics include: alcohol, tobacco, marijuana and ecstasy.