

STEP 3

Wrap-Around Services

“Wrap-around service” is our term for the supplementary programs we offer to aid in the recovery process. These services address the external needs of our patients beyond the traditional therapy prescribed.

FAMILY PRACTICE The CHC Family Practice provides comprehensive medical services to individuals and families in all phases of life. Services include well child care, immunizations, physicals and other general health care. We also offer Laser Treatment Services for tattoo, birthmark and wrinkle removal. Patients of the Family Practice do not need to be in treatment at the CHC to receive services. We welcome new patients and accept most major insurance plans, along with Medicare and Medicaid.

INSIGHTS PROGRAM Specially designed for those individuals who may not require a full medical and psychological intake into our comprehensive substance abuse programming or are unsure about their readiness for treatment.

Group sessions focus on substance education, risk factors, consequences of use, refusal skills, stages of change and healthy lifestyles.

HOUSING PROGRAMS While in recovery, individuals need a great amount of support in a safe and sober environment to continue their healing. Recognizing these post recovery needs has led the CHC to develop a comprehensive plan to provide housing for individuals in recovery. Each of our housing programs has different qualifications and requirements. We offer three-quarter way, transitional and permanent housing; offering lengths of stay from six months to permanent residency. Our staff assists patients in finding the appropriate housing for their specific needs.

Housing is available for our patients once they have at least six months documented sobriety. Individuals are also required to participate in aftercare such as case management, continued counseling and random drug testing. Rent in our properties is based on 30% of the resident’s gross income.

CASE MANAGEMENT All patients entering our programs have an opportunity to utilize case management services. Our case managers help patients navigate other services available to them at CHC and around the community.

Case managers help with transportation issues, employment, food stamps, utilizing health care and much more. They also handle much of the face-to-face follow up once patients enter our housing programs.

HELP ME GROW Help Me Grow is a free home visitation program, funded by Summit County Family and Children First Council, which supports families with children from birth to age three. The goal of Help Me Grow is simply to strengthen the child’s development and give him or her the best chance possible to achieve success. A trained service coordinator is provided to help families access the community network of services and assistance they need. Help Me Grow also provides the resources and support to develop the skills, time and energy required for positive parenting.

KIDSPACE KidSpace is a state-licensed child care facility and is available to the public and to our patients participating in treatment. KidSpace enables mothers to receive treatment, who otherwise would not be able to participate due to family obligations. This program eliminates one major barrier that prevents women from receiving treatment and reentering the job market. For more information about rates and availability, please call 330.253.KIDS (5437).

COMMSTAFF Patients are encouraged to seek gainful employment while in treatment. Once patients are well into recovery, they are encouraged to seek employment services at CommStaff, a temporary service agency. Once in CommStaff, patients are assisted with finding appropriate employment opportunities to fit his/her skill set. Aptitude tests are available, along with BWC training and drug-free workplace screening. Employment opportunities are available through CommStaff for light industrial, clerical and other entry level positions on a temporary and permanent basis.

Our Mission



Offering recovery solutions for over 35 years

www.commhealthcenter.org

725 E. Market Street
Akron, Ohio 44305

330.434.4141 FAX 330.315.5230

To learn more about our programs
or to schedule an appointment
please call our Diagnostic Department.

Most insurance plans, including Medicare, Medicaid
and all managed health care plans accepted.



The Community Health Center
facilities and services are certified
by the Joint Commission on
Accreditation of Healthcare
Organizations.

The Community Health Center is
a contract agency of the County of
Summit Alcohol, Drug Addiction and
Mental Health Services Board and the
Mental Health and Recovery Services
of Stark County.



The Community Health Center is
an equal opportunity employer and
provider of services.



REV 11-09 1000

Community Health Center

Focusing On Your Future

Our Mission



The Community Health Center is Summit County's premier provider of comprehensive treatment for the rehabilitation and prevention of addictive and compulsive disorders.

Our Mission Statement

The Community Health Center is committed to enhancing the quality of life. We are a leader in providing effective services for compulsive and addictive disorders, health care, life skills development, prevention, housing, wellness and rehabilitation.

Statement of Purpose

The Community Health Center is a private, not-for-profit, 501(c)(3) corporation. Our purpose is to provide a comprehensive array of treatment, prevention and housing services for addictive and compulsive behaviors and disorders. We have been serving Northeast Ohio since 1974.

We believe...

- Chemical dependency is a progressive, fatal illness that is highly treatable.
- We have a responsibility to provide basic treatment services to all those in need, regardless of ability to pay.
- Several treatment strategies may be necessary for recovery. We offer individual, family and group counseling, primary health care, medical detoxification, residential treatment and educational seminars.
- Total well-being is a key factor to successful recovery. Therefore, we provide quality medical treatment, vocational assistance, housing, case management and child care services.

STEP 1 Assessing the Needs

We recognize that there is no single treatment modality that is appropriate for all patients. Our assessment process helps us design treatment plans that address issues of concern while affirming patients' strengths.

DIAGNOSTIC DEPARTMENT The goal of the Diagnostic/Admissions Department is to identify patients with chemical dependency or mental illness problems that may be exhibited through criminal involvement, behavioral maladjustment, family turmoil, educational dysfunction, vocational or financial instability or emotional, mental, or physical impairment.

The Diagnostic/Admissions Department assists concerned counselors, social workers, case workers, criminal justice workers, employers, teachers, attorneys and health care professionals who suspect that an individual has a substance abuse problem.

We provide comprehensive chemical dependency assessments through the use of a wide variety of substance abuse screening inventories and urinalysis for adults and adolescents. Each patient is thoroughly evaluated and a formal report, including individualized treatment alternatives and opportunities, is generated. The patient is supported in the treatment decision through facilitation of treatment recommendations and referrals to appropriate treatment programming.

STEP 2 Personalized Treatment Programs

Using the treatment plan designed at time of intake, we assist our patients through the recovery process from counseling, medical treatment to housing. The treatment plan becomes the blueprint to our patients' future success in our programs.

MEDICATION-ASSISTED TREATMENT FOR OPIATE ADDICTION Our MAT is one of only nine regional methadone clinics in Ohio and offers methadone maintenance and detoxification treatment. Methadone has been identified as the single most effective treatment for opiate addicts, and is a daily routine for many patients at the CHC.

A secondary treatment, Suboxone, is available for those patients addicted to prescription pain medications. Patients participating in this program are subject to random urine drug screens and appointments with their counselors to monitor compliance with their treatment plan.

INTENSIVE OUTPATIENT PROGRAM IOP provides a therapeutic multi-disciplinary program designed to promote the recovery process through group and individual counseling, case management, vocational development, community support groups and reintegration programming. The program consists of three levels and takes approximately five months to complete. Patients learn how to more fully integrate recovery into their day-to-day lifestyle.

ADULT COUNSELING Patients in this program typically participate in weekly individual counseling and are referred to a wide array of chemical dependency and specialty groups. These groups provide education, peer support and accountability during the recovery process.

ADOLESCENT COUNSELING Our Adolescent Treatment Program and IOP is designed to address the specific needs of younger patients. Substance abuse trends are different in adolescents, therefore specialized counseling and group therapy is available. Our adolescents receive services at our Family Practice medical offices to reduce stigma and treatment barriers. Hours are available for after-school appointments.

WOMEN'S RECOVERY Our Women's Recovery Program provides a safe, gender-specific and trauma sensitive environment for women with addictions to begin the recovery process. Outpatient counseling, intensive outpatient treatment and support groups are available to help women address their unique treatment issues.

Case managers help women work to overcome barriers to treatment such as meeting basic needs, lack of transportation and child care. They also link and assist women in obtaining education, employment, safe sober housing, medical and psychiatric services and other community services. Specialized outreach services and services for pregnant women and women with young children are available.

MENTAL HEALTH SERVICES This program for adults provides assessment, diagnosis and treatment for those individuals struggling with a mental illness. Psychiatric treatment is available on an individual and group basis.

RESIDENTIAL TREATMENT At RAMAR (the Rocco Antenucci Memorial Adult Residential Center) patients receive support during every stage of recovery in an inpatient environment. They are provided with group and individual counseling and encouraged to develop self-management and recovery skills. Length of stay is typically 90 days, but treatment may last longer as needed. Patients typically graduate into less restrictive programming (e.g., partial residential treatment or outpatient counseling in other programs). Transitional housing is also available to those with a documented period of sobriety.

COMMUNITY CLUBHOUSE FOR BRAIN INJURY The Clubhouse is a community-based organization that offers long-term support in a non-medical setting to brain-injured individuals who want to regain their independence. The program focuses on re-entry activities including: social recreation, pre-vocational training, community outreach, family support and much more. All Clubhouse members have access to CHC services including mental health, primary health care and case management.