

# Welcome...

The Community Clubhouse for Brain Injury (*formerly Ballinger TBI Clubhouse*) is a community based, non-profit organization that offers long-term support, in a non-medical setting, to brain injured individuals who want to regain their independence.

The Clubhouse is a program of the Community Health Center and is housed at Summit Terrace Apartments in Akron. Services are available to those individuals affected by brain injury in Stark, Summit and Portage Counties.

In 1998, the National Institutes of Health recommended that all communities in the United States have brain injury clubhouses. As a result, a group of volunteers came together and developed a clubhouse in the Akron area, opening our current location in 2003.

The mission of the Community Clubhouse for Brain Injury is to strengthen individuals and families affected by brain injury by providing a community base of direct support to decrease isolation and increase personal and spiritual growth.



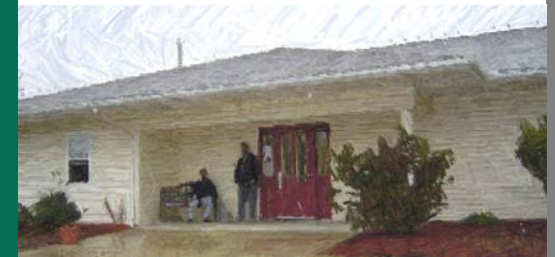
For more information about the Clubhouse and admission requirements, please call 330-724-4000 or email [bbacalu@commclubhouse.org](mailto:bbacalu@commclubhouse.org).

**Community Clubhouse  
for Brain Injury**  
(*formerly Ballinger TBI Clubhouse*)  
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*The Community Health Center & Community Clubhouse are equal opportunity employers and providers of services.*



**The first Brain Injury  
Clubhouse  
in Summit County**



## What we do...

The affects of brain injury to individuals and their families is devastating, many times causing deep feelings of isolation and depression. For this reason, there is a great need to reach out to this population. The Community Clubhouse allows brain injured individuals to stay connected and give them a sense of hope and belonging.

Through work ordered days, we deliver structured activities into the individuals' daily lives, thereby increasing their self esteem and enhancing their sense of contribution to their family and community.



Community Clubhouse accomplishes its mission by developing programs through a collaborative partnership of people with brain injuries, family members, staff, local professionals, research associates, the community, and the church. Programs such as:

- providing support groups for individuals and families affected by brain injury
- assisting persons with brain injury in their progress toward independence and fulfillment
- advocating community awareness and acceptance of those affected by brain injury



## Our Vision...

Empower people with brain injuries to enhance:

- self-esteem
- self-determination
- independence
- community involvement
- personal growth
- spiritual growth



## What is TBI?

**Traumatic Brain Injury (TBI) is the fastest growing disability in the United States!**

Each year more Americans will experience a brain injury than breast cancer, multiple sclerosis, spinal cord injury, and HIV/AIDS combined!

Brain Injury is an insult/injury to the brain that has occurred after birth and is not hereditary, congenital, or degenerative. It may produce an altered state of consciousness, resulting in impairments of physical and cognitive functioning, as well as behavioral and emotional changes.

Causes of TBI include motor vehicle accidents, falls, gunshot wounds, sports injuries, shaken baby syndrome, child abuse, domestic violence, military action, and other injuries caused by trauma.

- TBI occurs every 21 seconds
- CDC estimates at least 1.5 million Americans sustain a TBI yearly
- Of that, 230,000 are hospitalized and survive
- CDC reveals that 5.3 million Americans (2% of U.S.) live with a disability resulting from TBI
- Each year 80,000 Americans experience life long disabilities following TBI
- Cost to society is estimated at \$48.3 billion annually
- An estimated 300,000 are sport related injuries, ranging from mild to moderate